

XCELERATION

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Here are just a few accomplishments of our former athletes after moving on to college programs...

RACHEL NIETO IS XCELERATION'S FIRST-EVER COLLEGIATE ALL-AMERICAN... Class of 2013's Rachel Nieto earned honors as the 2017 AVCA Collegiate Beach Volleyball All-American, the club's first ever to receive this recognition.

DOUD, OVERSTREET, AND ISLANDERS REPEAT AS SOUTHLAND CONFERENCE CHAMPIONS... Reunited at Texas A&M – Corpus Christi, Xceleration's Class of 2014 teammates **Maddie Doud** and **Naomi Overstreet** celebrated back-to-back titles as Southland Conference champions by defeating Sam Houston State in the conference finals. Doud notched eight kills and four blocks in the title game. With the win, Texas A&M-Corpus Christi clinches an automatic berth to the NCAA Tournament. In the semifinal game against Central Arkansas, the Islanders slowed the Bears attack by throwing up a strong block at the net. Maddie led that effort with five blocks on the match as the Islanders held Central Arkansas to .112 hitting on the match. [Read more.](#)

MICKAYLA SHERMAN NAMED BIG WEST CONFERENCE FRESHMAN OF THE WEEK... The freshman outside hitter for UC Riverside and Class of 2016 alum **Mickayla Sherman** was named the Big West Conference Freshman of the Week, making her the first Freshman of the Week honoree in the history of the UCR volleyball program. Sherman had a career-high 26 kills in leading the Highlanders to victory over UC Santa Barbara, 3-1. Sherman hit a season-best .400 for the match, and served up an ace as well. She also logged a career-high 11 digs, and assisted on three blocks in the win. [Read more.](#)

IMPRESSIVE EFFORT NETS BOLKO DEFENSIVE HONOR... Tying her highest dig total for a weekend, UC Davis sophomore and Xcel Class of 2015 **Malia Bolko** claimed Big West Women's Volleyball Defensive Player of the Week honors. The 5-8 libero accumulated a total of 47 digs to help the Aggies post consecutive four-set victories over UC Riverside and Cal State Fullerton. The combined dig total tied her highest for a weekend, which includes two three-match tournaments in which she totaled 47 digs. Bolko had 23 digs against the Highlanders followed by 24 versus the Titans. In addition, she led the team in passing, with no aces allowed in 62 receptions. She also recorded 13 assists. [Read more.](#)

SEALS NAMED LANDMARK CONFERENCE PLAYER OF THE WEEK... Class of 2014 alum **Michelle Seals** was named Athlete of the Week by the Landmark Conference as Catholic University of America completed an undefeated weekend. Michelle dished out more than 30 assists in each of the three games. She currently leads the nation in total assists with 584. [Read more.](#)

UTCHEN BECOMES ALL-TIME LEADER IN DIGS FOR SHOREWOMEN... Libero **Audrey Utchen** (Class of 2013) became the Washington College all-time leader in digs against host Catholic University of America in a non-conference volleyball match at the DuFour Center. Utchen, who had 21 digs in the match to lead all players, now has 1,335 digs in her career. [Read more.](#)

LINDBERG HONORED ON CAL TOURNAMENT'S ALL-TOURNAMENT TEAM... For the second consecutive tournament, **Hailey Lindberg** (Class of 2015) was again named on the All-Tournament Team as the Santa Clara Broncos took the Cal Tournament title.

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RAWR!... Taylor Dixon (Class of 2016) posted 12 kills to help the CSU San Marcos Cougars defeat CSUDH for their first CCCA victory of the season! [Read more.](#)

YALE INVITATIONAL MVP AND IVY LEAGUE PLAYER OF THE WEEK... Congrats to Xcel alum **Kelley Wirth** (Class of 2015) for leading the Yale Bulldogs to three victories and being named MVP of the Yale Invitational. In addition, Kelley was named Ivy League Player of the Week. "Kelley played great this weekend," Yale head coach Erin Appleman said. "She was able to step up her game when we needed it." [Read more.](#)

LINDBERG LANDS ON ACTIVE ANKLE CHALLENGE ALL-TOURNAMENT TEAM... Hailey Lindberg (Class of 2015) and the Santa Clara Broncos continued their streak to take home the Active Ankle Challenge title in Louisville, KY. The team is now ranked #19 in the ACVA Top 25. [Read more.](#)

SUN CONFERENCE SETTER OF THE WEEK... Great job **Nicole Papineau** (Class of 2013) for being named the Sun Conference Setter of the Week. Nicole claimed this distinction after recording 157 assists during the four-game weekend at the Volley of the Mountains tournament in Montreat, NC. The Walnut Creek native posted a weekend-best 46 assists in a 3-1 victory over Shawnee State to begin the second day of competition. The senior captain also recorded six service aces, 24 digs and tallied four blocks to aid the Seahawks in their 4-0 start. [Read more.](#)

DIGGIN' IT... Early in the season through the DeSales Invitational in Center Valley, PA, **Audrey Utchen** (Class of 2013) is leading the Washington College Shoremen in digs with 4.77/set. [Read more.](#)

BREEZING THROUGH ROUTE 92... The Dominican University of CA volleyball team, with **Shannon Riggio-Kerley** (Class of 2014), was the only team to emerge from Cal State East Bay's Route 92 Showdown undefeated at 4-0, giving the Penguins their best start in Division II history. [Read more.](#)

BLUE AND GREEN AT THE BAYLOR INVITE... Xcel's Class of 2014 teammates **Maddie Doud** and **Naomi Overstreet** helped Texas A&M-Corpus Christi with a split in the Baylor Invitational. Maddie is off to a strong performance, averaging 6 kills/match early in the season. [Read more.](#)

EXPLORERS!... The La Salle volleyball team and Xcel alum **Bryanna Davis** (Class of 2014) made a big season debut at the La Salle Invitational, winning the overall tournament and going undefeated. Bryanna paced the Explorers with 12 kills in the final against NJIT. [Read more.](#)

MEMPHIS INVITATIONAL... Returning to action after sitting out last season due to injury, **Jessica Vestal** (Class of 2012) and the Belmont Volleyball team (3-0) capped a flawless weekend of play at the 2016 Memphis Invitational by defeating the host team, 3-1, on the last day of competition en route to securing the tournament title. [Read more.](#)

BIG!... Congrats to Portland State and **Haley Glass** (Class of 2015) for the first program win against a Pac-12 opponent since defeating Oregon in 2005. The Vikings came back from down two sets to one in the Portland State Tournament to defeat the Colorado Buffaloes in five sets at the Peter W. Stott Center. [Read more.](#)

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HISTORIC WIN... for Santa Clara and Xcel alum **Hailey Lindberg** (Class of 2015) at the USC Baden Invitational in Los Angeles. The Broncos took down the #7 ranked team in the nation in four sets! Hailey led the team with a .500 hitting pct. [Read more.](#)

LIONS ROAR!... #21 Loyola Marymount and Xcel alum **Emma Johnson** (Class of 2016) upped their season record to 2-0 with victories over Illinois State and Niagara at the 2016 LMU Invitational being played at LMU's Gersten Pavilion. [Read more.](#)

UND CLASSIC... Xcel alum **Malia Bolko** (Class of 2015) helped the UC Davis women's volleyball team to 3-0 sweeps of Omaha and host North Dakota at the Betty Engelstad Sioux Center Saturday. In the final match and nightcap against UND, sophomore Malia Bolko came up big defensively against the tournament hosts with her match-high 17 digs. [Read more.](#)

CAL MOLTEN CLASSIC... **Mickayla Sherman** (Class of 2016) and UC Riverside narrowly missed a five-set squeaker against host Cal in the final of the annual Classic. The Highlanders relied heavily on the freshman; Mickayla led the way for the Highlanders with 17 kills. Mickayla followed with another strong performance against St. Mary's with 18 kills. [Read more.](#)

SPARTAN INVITATIONAL... The San Jose State volleyball team, with Xcel alum **Kaitlynn Zdroik** (Class of 2016), opened the 2016 season this weekend by hosting the Spartan Invitational at Spartan Gym. The Spartans welcomed Manhattan, UMass Lowell and Providence to San Jose for matches and easily dispatched all three teams to start season. [Read more.](#)

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Audrey Breitweiser ('12) at Claremont Mudd Scripps was named to the 2014 Southern California Intercollegiate Athletic Conference (SCIAC) All-Conference 1st Team, NCAA Division III ACVA All-West Region 1st Team, NCAA Division III ACVA All-America Honorable Mention, and to the SCIAC All-Tournament team, where she notched nearly 60 kills at the 2014 NCAA Division III Volleyball Thousand Oaks Regional final rounds.



Emily Caples ('11) was honored as a member of the All-Southern Collegiate Athletic Conference (SCAC) 2nd Team for the University of Dallas. She has earned recognition on the all-conference 2nd Team for the third consecutive year.



Kelley Wirth ('15)... The freshman started her career with a bang, earning Ivy League Rookie of the Week honors after garnering all-tournament status at the Colgate Tournament. ... Kelley hit a rare mark with 10 kills in each of her first two matches at Yale. It is believed to be the first time a Yale freshman has accomplished this feat in over 10 years. Kelley finished fifth in the conference and led the team in kills per set in Ivy matches with a 3.47 average. She had seven double-doubles in league play, had 11 or more kills in 13 of 14 Ivy matches and led the team with 4.0 points per set average in conference. In Yale's final three matches in a must-win situation, Wirth averaged 3.92 kills and the Bulldogs won all three matches.



Kelley Wirth, the 2014 MaxPreps Medium Schools Second Team All-American, two-time Cal Hi Sports Bay Area North Coast Section Player of the Year, and two-time Diablo Foothill Athletic League MVP added more accolades, this time at the collegiate level for the Yale University Bulldogs with an All-Ivy Second Team selection.

Yale coach Erin Appleman said, "Kelley can be a game-changer on the outside for us. She's used to being a go-to player and hits with authority." "Wirth has no limits on how good she can be, she grew a lot this season and I'm so excited that I get to work with her for the next three years," Appleman said. "Her athletic ability and drive have no match."

Malia Bolko ('15) the starting libero for UC Davis had a match-high 28 digs for the Aggies in the Rams Volleyball Classic tournament at Colorado State, the most by an Aggie freshman since 2006. Malia also earned the Big West Conference Player of the Week honors after she scooped up 25 against UC Riverside, and then followed with another 17 against UC Irvine.



Malia earned her second Defensive Player of the Week from the conference in November 2015. This is the second such award of the year for Malia, who also won it back on October 5. The Xceleration and St. Patrick-St. Vincent High School alumna totaled 42 digs for a 5.25 per-set average in the Aggies' wins at UC Santa Barbara and Cal Poly to earn the defensive honors. She picked up 15 digs in a sweep of the Gauchos, and then barely missed her career high with 27 digs against the Mustangs. The latter total helped UC Davis compile 90 as a team, its best single-match performance in almost two full years. Bolko also did not allow a single ace in 51 receptions during that weekend. She ranked third in the Big West at 4.16 digs per set, 4.47 in 13 league matches.

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Starting libero **Mary Orbeta** ('14) and the Seattle University volleyball team pulled off one of the greatest victories in program history, sweeping Cal on its home floor to capture the Molten Classic title at Haas Pavilion. Seattle U earned its first victory over a Pac-12 school since starting the transition to Division I status in 2008. Also, it is the first time the Redhawks have started the season 3-0 since 2002, when Seattle U won its first four matches of the season, all 3-0 victories.



After helping the Seattle University volleyball team win the Molten Classic title in Berkeley, CA, sophomore libero and Bishop O'Dowd alum Mary Orbeta was named the Featured Student-Athlete of the Week on GoSeattleU.com. Mary led the team in defensive digs throughout the tournament, starting with eight digs in the three-set victory over Eastern Washington. In the next game against Nevada, Orbeta collected 16 digs, the most by any player in the match, and then she led the Redhawks with nine digs the same evening against the host Golden Bears as Seattle U earned its first-ever volleyball victory over a PAC-12 opponent. After the opening weekend, Orbeta is second in the Western Athletic Conference in digs, averaging 3.67 digs per set. Last season, she took over as the team's starting libero down the stretch and finished with 173 total digs, reaching double figures in eight of the final 10 matches, highlighted by a 21-dig performance at Grand Canyon. "Mary has worked very hard to improve in the classroom and on the volleyball court. We are happy with her progress and look forward to her continued success," Seattle U head volleyball coach James Finley said.



Maddie Doud ('14) and the Texas A&M-Corpus Christi volleyball team opened its 2015 season with a trip to Arlington, Texas, for the Maverick Classic hosted by UT-Arlington and came home with an undefeated record. Maddie also took home All-Tournament... the Texas A&M-Corpus Christi Islanders completed their best season in program history that culminated in dream fashion, as the Islanders claimed their first Southland Conference Tournament Championship.



Nicole Papineau ('14) has been named captain of the 2015 Northwood Keiser University Seahawks team, which is off to a quick start this season. Nicole is leading the team in assists, recording 8.58 A/S to date. She was named the Seahawks Player of the Week in October... Nicole Papineau gathered multiple awards during her junior year at Northwood Keiser University. She was honored before a game this season for setting the school record for the most career assists with 472 against Webber International. Nicole then accepted the Sun Conference Player of the Week Honors as Setter of the Week for week ending October 11, earning this recognition for the first time this season. Nicole had 152 assists on the week with a match high 51 against Florida College in a thriller. She was named to the All-Tournament team during the Hardwood Challenge with assists of 37, 32, and 32. Lastly, she had 15 kills and 27 digs on the week. To cap her season with the Seahawks, she deservedly earned Honorable Mention honors from the Sun Conference. Papineau led the conference in assists with 1,012, while ranking third in the conference with 9.4 assists per set. Nicole also had 54 kills and 34 service aces.

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Congratulations to Xcel Class of '13 teammates **Maddie Borch** and **Tyler Gasologa** for finishing their 2014 season as runners-up in the California Community College Athletic Association championship with a 34-2 record. Both earned 1st Team All-Norcal State and All-Coast Conference honors. Borch also was named to the CCCAA All-Tournament team. Maddie and Tyler have moved on to continue their collegiate volleyball careers at Carson-Newman University and Wayland Baptist University, respectively.



Congratulations to **Bryanna Davis** ('14) for making the Iona Invitational All-Tournament team for the La Salle Explorers after recording double-digits and a career high in digs. Bryanna has shown her versatility, starting matches at both the libero spot, as well as at outside hitter.



Lacey Maas ('12) talks about her off-season and what's coming up this year with the Santa Clara Broncos in "*Lacey Maas Comes Out Swinging Her Junior Year.*" Lacey and the Broncos will look to repeat as NCAA Tournament participants this year.... the Santa Clara Broncos accepted a bid to the Division I NCAA championship tournament – it's the third trip for Lacey and the first for Hailey. During the season, the Broncos also recorded their first win over a Top 10 opponent since 2005, with a four-set victory over No. 10 BYU at Santa Clara University's Leavey Center.

Sarah Vaccaro ('12) will continue her volleyball career at Santa Clara University, switching from indoor to sand volleyball for the Broncos.



Michaela Gardner ('14) of Ashford University was named the Association of Independent Institution's (AII) Freshman of the Year and was an All-Conference 1st Team selection. Michaela was also Ashford's featured athlete in "Spotlight Saints" during the season's opening weekend following an outstanding performance at the Bruin Labor Day Classic. [More information.](#) For the 2015 season, Michaela--with the help of Xceleration's College Development Program--will be playing for Cal State East Bay in Hayward.



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Michelle Seals ('14) filled in nicely in her role as the starting setter for Catholic University of America (CUA), playing in 119 of 125 sets and dishing out over 1,000 assists in her debut season. More recently, Michelle was named to the All-Tournament Team at annual CUA Guetle Invitational... The Landmark Conference announced its 2015 Fall Academic Honor Roll selections, which included sophomore setter Michelle Seals from The Catholic University of America on the seasonal list. The Honor Roll recognizes all fall student athletes who have reached sophomore standing with a cumulative GPA of 3.20 or higher. In addition to this academic recognition, Michelle eclipse the 1,000 assists mark for the second consecutive season with 1,067 assists in 2014 and 1,020 in 2015.



Maddie Borch ('13)... After a brilliant two-year career at Cabrillo College where she helped the Seahawks post a 65-2 record, including a California Community College Athletic Association (CCCAA) championship and finals finishes, Maddie Borch transferred to Tennessee's Carson-Newman University and successfully finished her first season with Eagles in the Elite 8 of the 2015 Division II women's volleyball championship tournament. Carson-Newman ended its season 29-8, finishing with the second-most wins in program history while reaching the National Quarterfinals for the first time in the school's history.



At Carson-Newman, Maddie picked up All-Southeast region honors from the Division II Conference Commissioners Association (D2CCA), which is comprised of student-athletes from the three conferences in the Southeast Region, South Atlantic Conference (SAC), Conference Carolinas, and the Peach Belt Conference. Maddie became the first player in Carson-Newman history to have the highest attack percentage in the conference, with a .351 clip.

Earlier, Maddie also was named to the SAC All-Tournament team after recording 32 kills and nine total blocks in two matches. Before this, Maddie was named SAC 1st Team All-League, joining four other Eagles teammates on the list of top performers in the conference with this honor.

Also during the dream season, Maddie was named the SAC Player of the Week on October 27. Borch led the team in blocks 13 times and had a team-high in kills on seven occasions. In the regular season finale against Mars Hill, Borch tallied a career-high 22 kills on a .410 attack percentage. To round out the 2015 season, Maddie earned the "Chick Fil-A Female Athlete of the Week" in early November 2015.



Tyler Gasologa ('13)... The Cabrillo College alum and former teammate of Maddie Borch transferred to Wayland Baptist and continued her success with the Pioneers, as she was recognized Honorable Mention All-League this season when the All-Sooner Athletic Conference Team was announced. The Pioneers also gained entry into the NAIA Volleyball National Championship opening round match against Ottawa University (KS).

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Eden Fukushima ('15) was named on the All-State, All-NorCal, and All-Coast Conference Teams after completing her first season at Cabrillo College. The Seahawks claimed the California State College Athletic Association Championship title for the second time in the last three years after downing Foothill, College of the Canyons, and LA Pierce – all in straight sets – to take home the 2015 CCCAA California State Championship title. The Seahawks finished the season 30-2.

Ariana Cruz ('12) was named Gator of the Week at San Francisco State. She was lights out on defense in early November, averaging 2.56 digs per set. Her biggest contribution came when serving, she finished the weekend with six aces.... Great job, Ari!

Congratulations to **Audrey Utchen** ('13) of Washington College for making the All-Tournament team at the Gettysburg Battlefield Classic. Audrey also earned a place on the Centennial Conference Academic Honor Roll... Junior libero and Business Management major Audrey Utchen landed on the Centennial Conference Academic Honor Roll, a distinction she achieved for the second year in a row. In order to qualify for the conference's Academic Honor Roll, a student-athlete must be a sophomore, junior or senior and carry at least a 3.40 cumulative grade-point average.

Congratulations **Rachel Nieto** ('13) and CSU Long Beach for reaching the NCAA Beach Tournament finals.



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Anisa Smith ('11) concluded her volleyball career at UMass-Lowell in 2014. The four-year letterwinner and senior captain earned her degree in Exercise Physiology in 2015. Anisa was named River Hawk of the Week during the season.



Devon Damelio ('09) became only the eighth player in UC Davis volleyball history to amass more than 1,000 kills, finishing with 1,058 for her career with the Aggies in 2014. For the second straight year, Devon also earned All-Big West Honors as a first-team selection, capping a stellar season in which she picked up her fifth career all-tournament selection at the Wolf Pack Invitational and her first Big West Conference Player of the Week award.

Jessica Vestal ('12) was one of three Bruins who were recognized with the Academic Achievement Award at Belmont University's annual awards banquet to close the 2014 season. The award is given to those on the team who have achieved a GPA of 4.0... Great job, Jess!... the Belmont Bruins claimed the Ohio Valley Conference (OVC) title and automatic bid to the 2015 NCAA Volleyball Championship after defeating Murray State in the OVC title game. In 2015 Belmont won its second OVC Tournament Championship in three seasons, and for the 3rd consecutive year, the Bruins were the recipient of the conference's 2015-2016 Team Sportsmanship Award for volleyball. The team awards are bestowed upon the Conference squads deemed to have best exhibited the standards of sportsmanship and ethical behavior as outlined by the OVC and NCAA. Included in the evaluation are the conduct of student-athletes, coaches, staff and administrators and fans.



Shannon Riggio-Kerley ('14) was named PacWest Freshman of the Week at Dominican University of California after she helped the Penguins to a sweep of its Bay Area counterparts Holy Names and Notre Dame de Namur.

