



#15

CATHERINE HELGESON

Position(s): Libero
 Height: 5'3"
 School/Class: Carondelet HS, 2019
 Concord, CA
 Team: Xceleration 17 Blue
 GPA
 Unweighted 3.8
 Weighted 4.0
 SAT Score: NA
 ACT Score: NA
 Intended Major: Biology, Kinesiology

Dominant Hand: Right Block Touch: TBD
 Approach Touch: TBD Standing Reach: TBD

Volleyball Awards/Accomplishments

- East Bay Athletic League (EBAL) - Second Team All-League, 2017 season
- EBAL Honorable Mention, 2016 season
- Carondelet HS Varsity Team Captain, 2017
- Varsity Team MVP, 2016
- Junior Varsity MVP, 2015
- Led Varsity team in digs (548) and first in EBAL conference
1st in digs in North Coast Section (NCS) Conference for Varsity playing junior
- Starting Libero in every game
- Scholar Athlete Award 2015, 2016, 2017

Other Awards/Accomplishments/Activities

- California Scholarship Federation 2015, 2016, 2017
- Math Peer Tutor
- Volunteered at Dr. Bridget Powers 2016
- Johns Hopkin's Talented Youth Award

Recruiting Video: [Catherine Helgeson](#)



2018 TOURNAMENT SCHEDULE

Power League (PL) 1: Mar 10

**Triple Crown NIT: Feb 17-19
(Salt Lake City)**

**Colorado Crossroads: Mar 16-18
(Denver)**

PL 2: Apr 7

PL 3: Apr 15

PL Regionals: May 12-13

**NCVA Far Westerns: Apr 27-29
(Reno)**

**JVA West Coast Cup: May 26-28
(Long Beach)**

**AAU Nationals: Jun 19-26
(Orlando)**

**USAV Junior Nationals: Jun 25-Jul 4
TBD - (Detroit)**

COACHES

**Leslie Ray
Lindsey Ray
Jade Sanford**

CLUB CONTACTS

**College Development Director
Jim Ross
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