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**Xceleration
Volleyball Club**

John B. David, Editor

Congratulations to Xceleration's Class of 2018

A new journey and new possibilities begin for 14 Xcel Seniors

On behalf of Xceleration Volleyball Club, its friends and families, congratulations on your graduation! This symbolizes the culmination of years of hard work in the classroom (and on the courts). Your tremendous achievement is the accomplishment of a goal set years ago – and is a testament of your steadfast pursuit of your dreams.

Graduation also marks the beginning of a new journey, and the discipline and determination you have demonstrated during your time with Xceleration will serve as a strong foundation for your future successes. The possibilities are endless. We encourage you to embrace the unknown and march boldly toward the next accomplishment and all the opportunity that lies ahead of you. Continue to follow your dreams. Embrace what is yet to come. Find joy in all you do.

We hope that your time with Xceleration has prepared you well to navigate the course ahead. The abilities you have acquired, the skills you have gained, and the friendships you have cultivated during your time with Xceleration provide you all you need to continue to make your unique contribution to your future teams,

college of choice and, ultimately, the world.

Thank you for choosing Xceleration to launch your future and as a partner in your athletic and academic journeys. The club is proud of your decision to join Xceleration and to forever be a member of the Xceleration family. The accomplishments we celebrate in this special tribute will be indelibly etched in your memory and our Xcel history. Your legacy and ours are now intertwined. Please keep your love for our club – your club – alive, wherever your future leads. Remain engaged with Xceleration in the years ahead.

We encourage you to take time to thank those who have helped make this milestone possible. Give special thanks to your parents, family members, friends, coaches, mentors, and the many others who have supported you and your goals throughout this incredible journey.

Finally, congratulations to the families and friends as we celebrate our graduates. You traveled this journey together, and your love and support contributed to our athletes' achievement and success.

J-Ross Speaks

XCELLent NEWS will include messages on behalf of the ownership group in this regular feature of **J-Ross Speaks!**

Dear Xceleration Class of 2018,

I just wanted to take a moment to congratulate all of you for the successes you have achieved in your high school and club careers. I know very well the sacrifices that you all have made on and off the court to reach this point and I admire you all for it. Thank You for allowing me to be a small part of it. I have thoroughly enjoyed working with you, watching you play and grow and I will continue to enjoy watching your successes as you embark on the next step.

To all of your parents, congratulations and be very proud of the young women you have raised. I know there will be a few lumps in your throats in the weeks ahead, but it's a part of the process and a sign that you care so much about your daughters. You have done a wonderful job raising these girls and preparing them for what's ahead.

You are all incredible young women who I have no doubt have many great things ahead of you, on and off the volleyball court! Embrace the challenges ahead with the same grit and determination that you have shown all of us who have been watching you.

Congrats Class of 2018!!! It's been a JOY!

Jim



Photo Galleries

You can find more photos in the [Galleries](#) page of our website. If you would like to share your pictures during the season, please post them on our Facebook group page, and they may work their way into future issues XCELLent News.

Instagram

Xceleration has an Instagram presence where you can view our posts throughout the season:

XCELARATIONVBC



Instagram

Facebook Group Page

Xceleration has a group page! Join our [Facebook](#) fan page and participate in the discussion forum where you'll hear about our athletes and various ongoing events. Search for "Xceleration Volleyball Club" and ask to join. Or scan the QR code with your mobile device.



Find us on:
facebook®



A Message from Volleypaul...

A few remarks from Xceleration's Co-College Development Program Director Paul Harrison.



To the Class of 2018,

First of all, congratulations to all of our 2018 graduates! I also wish to thank you for choosing Xceleration to be your volleyball club for 2018. The prior pages so succinctly describes the journeys and new possibilities that await for you. I have had the pleasure to work with you and to some, even coach a bit. Thank you for your hard work and dedication. As I read the family letters, I can see the pride and love your loved ones have for you.

When you step on that college campus as a student, it will be a memory you more than likely will not forget. You will be starting a new chapter in your life. I can remember the day I moved into the dorm down in Kansas one hot August day. My parents gave me a hug and I watched them drive away until I couldn't see the car any longer. I distinctly remember turning to walk back to my dorm and taking a deep breath I muttered "ok I'm on my own now, but I can do this." You all can too! Believe in yourself! Remember you are a student first, athlete second. It will definitely be fun watching your career and scouring the box scores.

There are many great memories from this year, but one I won't soon forget... Emily Maher's high five... stings forever.

Two final words of advice. Be the best teammate ever!! And to quote former MLB player Rex Hudler - "Be a fountain, not a drain!" One can't go wrong supporting your teammates and always being there to uplift them.

Go Xceleration!!!

*** and I survived Kansas ***

Paul D. Harrison



Photos courtesy of Class of 2018 parents and Tomas Pineda. [Click here to see more.](#)



Congratulations!

**Class
of 2018**



- **BREYAN ASHLEY**
St. Mary's College
- **CAMERON BLAKELY**
San Jose State University
- **ALI COLLINS**
Chico State University



- **CHIARA GATTO**
University of Redlands
- **JENNA HAHN**
Salisbury State University
- **REBECCA JONES**
William Jessup University
- **GRETTA KIRKBY**
Chico State University



- **INGRID LAM**
University of Chicago
- **TATIANA LUEVANO**
University of Redlands
- **EMILY MAHER**
Boise State University
- **SHRUTI MANGIPUDI**
Manhattan College



- **MIRANDA MARSHALL**
Dixie State University
- **CIERRA POPE**
University of Mary Hardin-Baylor
- **LINDSEY REYES**
Sacramento State University

BREYAN ASHLEY

Dublin High School / St. Mary's College



Saint Mary's College of California is a private, coeducational college located in Moraga, CA, a small suburban community about 10 miles east of Oakland and 20 miles east of San Francisco. It has a 420-acre campus in the Moraga



hills. It is affiliated with the Roman Catholic Church and administered by the De La Salle Christian Brothers. The college was ranked tied for 9th in the *U.S. News & World Report's* 'Regional Universities' (West) rankings for 2017. St. Mary's College began in 1863 as a diocesan college for boys established by the Most Rev. Joseph Alemany, a member of the Order of Preachers and the first archbishop of San Francisco. Unhappy with the archdiocese's operation of the college, Archbishop Alemany applied for assistance from Rome and, in 1868, St. Mary's College was handed over to the De La Salle Christian Brothers.

Brey will enter St. Mary's College as Undeclared.

During her high school career, Brey earned MVP honors, a 3-time 1st team All League selection, and 10-time player of the week.



To my Scoobadoo:

I want you to know how very proud I am of you! Every goal you have set for yourself thus far, you have attained.

I remember when you switched sports on me from basketball to volleyball. I was lost for a while because basketball was the only thing this family knew. But the very first year I quickly got over the shock of no more basketball, and fell in love with watching you play volleyball. I wasn't the only one you convinced, your sister Brya (who absolutely adores you) decided to give volleyball a try and she too decided this was the sport for her.

You are such a beautiful, classy, intelligent, and talented young lady, and it's been a pleasure watching and supporting you over the years. Looking forward, I can only imagine the great things the future has in store for you, and I'm super grateful to be able to share it with you nice and close to home here at Saint Mary's College!

Thanks Xcel for everything you have done for my girls, we are forever grateful!! Let's go Lady Gaels!!!

Mom



CAMERON BLAKELY

Campolindo High School / San Jose State University



San José State University is a comprehensive public university and is the founding school of the 23 campus California State University system. It holds the distinction of being the oldest public institution of higher education on the West Coast

of the U.S. SJSU's total enrollment is approximately 30,000, including nearly 6,000 graduate students. More San José State University alumni are hired by Silicon Valley firms than any other college or university, and philanthropic support of SJSU is among the highest in the CSU system.



ALI COLLINS

Northgate High School / Chico State University



California State University, Chico (also known as **CSU Chico** or **Chico State**), is the second oldest campus in the 23-campus California State University system. It is located in Chico, CA, about 90 miles north of Sacramento. The university has a total enrollment of

nearly 18,000 students. The university offers 126 types of bachelor's degrees, 35 types of master's degrees, and four types of teaching credentials.

Ali was MVP of her freshman volleyball team and played three years on varsity at Northgate High School (NGHS). She was co-captain her senior year. She also coached the indoor competitive and beach volleyball teams at Foothill Middle School for two years, was a freshman mentor with Link Crew, and was part of the Youth Educator Program, which speaks to middle school students about avoiding drugs and alcohol, how to appropriately use social media, and what to expect in high school. Ali enjoyed being a part of the Sports Medicine program at NGHS and is planning to study nursing or exercise physiology at Chico State.



Dear Ali,

We can hardly believe it is nearly time for you to begin your next adventure. Your hard work and persistence have paid off, and we're certain you are headed to a school, and team, that is a perfect fit for you. We couldn't be more excited and proud!

We will miss your passion and joie de vivre while you are away but are glad you will be close enough for an occasional visit. We can't wait to hear all about your new world. Study hard, play hard, and have fun!

- Love Dad, Mom and Will



CHIARA GATTO

Northgate High School / University of Redlands



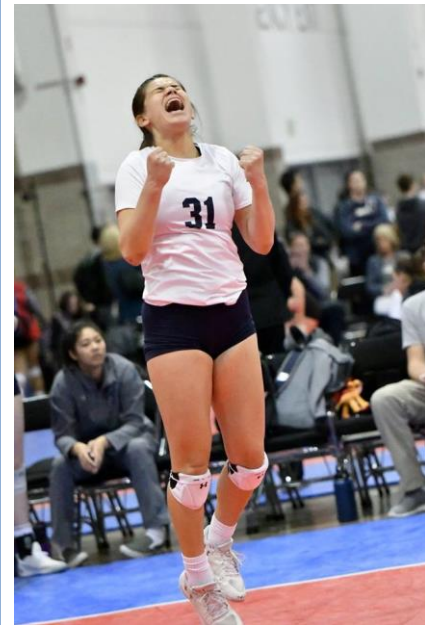
The **University of Redlands** is a private, nonprofit university located in Redlands, CA, offering both liberal arts and professional programs. The University's main, residential campus is situated on 160 acres near downtown Redlands. An additional seven regional locations

throughout Southern California provide programs for working adults. Founded in 1907 as a Baptist institution, the school is now independent and ended compulsory religious services in 1972, although it maintains an informal relationship with the group American Baptist Churches USA and students there continue to engage in community service.

Chiara will be a Biochemistry major at the University of Redlands.

Diablo Valley Athletic League (DVAL) 2nd team all league 2017 • Northgate HS Varsity Team Captain 2017 • Northgate HS Varsity Team Captain 2016 • DVAL 1st team all league 2015 • Northgate HS JV MVP 2014 • Northgate HS JV Team Captain 2014 • 3rd place CBVA Long Beach, CA 2016 • 3rd place CBVA Ocean Beach, CA 2016 • MVP honors

Scholar Athlete all 4 years of High School • Gymnastics 2005 - 2012; Show Team Gymnastics 2009-2012 performed at Walt Disney World, Golden State Warriors PreGame • Middle School and High School Peer Tutor • Honor Roll and Scholar Athlete awards • Homecoming Court



Chiara,

It has been amazing watching you grow up and play volleyball for the last 7 years and see you progress from infant to adult. I still remember when you were playing recreational volleyball for the first time in 6th grade and from the back row you spiked the serve over the net for a "kill" not knowing you were not allowed to attack the serve.

I also remember the many times you kick saved a ball into a perfect set for a kill and winning point. That symbolizes how you never give up and have attacked volleyball and life since you were born.

I look forward to seeing what other things you strive for and conquer in your future.

*Much love,
Mommy and Amara*



UNIVERSITY OF
Redlands



JENNA HAHN

California High School / Salisbury University



Salisbury University (often referred to as 'SU' or the 'Bury') is a public university located in the city of Salisbury in Wicomico County, MD approximately 115 miles southeast of Baltimore. Founded in 1925, Salisbury is a member of the University System of Maryland, with a Fall 2016 enrollment



of 8,748. Salisbury University, originally called the Maryland State Normal School, opened on September 7, 1925, as a two-year institution to train elementary school teachers to help fill the teacher shortage in the state of Maryland. In 1935, its name was changed to Maryland State Teachers College, and in 1963 to Salisbury State College. Between 1962 and 1995 several Masters Degree programs were approved, and in 1988, the name was changed to Salisbury State University. In 2001, the name was changed to Salisbury University.

Jenna is planning on pursuing a degree from Salisbury University's Perdue Business College. She will be one of 5 freshman on her team. Others will be coming from MD, VA, MA and PA. She saw one of her teammates at Colorado Crossroads and two others at Junior Nationals in Anaheim last weekend (one of those girls is now going to be her roommate!). While she is going to miss home, she is really excited to broaden her experiences by living in and exploring a new part of the country.

Jenna started playing Club volleyball in 8th grade after previously playing softball for 8 years. As she was the tallest on the team, she became an instant middle. As a freshman, Jenna played middle on the JV team at Cal High. She was a starting middle for Cal on the Varsity team for the next 3 years. In her senior year, the team had great chemistry and talent. The season highlights included winning the Irvington Tournament, playing in the D1 NCS semifinal match against James Logan and making it to the D1 California State finals tournament with a final record of 30-5. During regular season, Jenna had 85 solo blocks and had a hitting percentage of .314. She earned Honorable Mention from the East Bay Athletic League EBAL twice. In addition to her contribution on the court, Jenna has also helped the Cal volleyball program by coaching at the freshman summer camps, assisting at freshman practices and also coaching at a Cal High Men's Volleyball tournament.

Jenna has performed well in her academic endeavors. She was an Academic Scholar as a Varsity player. She was awarded a merit scholarship by Salisbury University due to her ACT test scores and her GPA. Jenna's enthusiasm in the classroom and her interest in learning

earned her a coveted nomination to Girls State in her Junior year. When she does have free time, Jenna has enjoyed volunteering at Tri Valley Animal Rescue. She also has been an active Girl Scout for 13 years. She has earned her Bronze and Silver Awards.



Jenna-

Anyone who has seen you play volleyball for only one match is keenly aware of your passion for the game and your commitment to your teammates. While we are so proud of the improvement that we have seen in your volleyball skills over the years, it is your devotion and excitement that is so rewarding to us as your parents. Your willingness to work hard and to prioritize volleyball over other social options has made your dream of playing volleyball in college a reality. The life skills that you have learned as a by product of playing a game that you love will serve you well as you meet the new challenges of being an adult.

Your family could not be prouder of the young lady that you have become. All of those who know you can see that you are bright, enthusiastic, and that you have a wonderful sense of humor. You are an amazing individual who is full of compassion and energy. Those that count you as a friend are lucky. We cannot wait to see what you accomplish when you find your next life passion and commit to it like you have volleyball. The sky is the limit so reach far and make your mark!

*With love,
Mom and Dad*



Salisbury
UNIVERSITY

REBECCA JONES

Berean Christian / William Jessup University



William Jessup University is a Christian liberal arts university located in Rocklin, CA, with an additional site in San Jose. The university serves over 1,300 students. The University was founded as San Jose Bible College in 1939, in San Jose by William Jessup, the school's



first President. Eugene Claremont Sanderson had originally started a school called Evangel Bible University in San Jose in 1934 but was unable to make it viable. As a result, he recruited William Jessup, one of his former students to take over. By 1951, with the school expanding and the San José State University across the street encroaching, San Jose Bible College moved to a parcel bordered by Coyote Creek, 12th Street and Highway 280.

Rebecca will major in Education at William Jessup University to become a teacher, and she also wants to coach VB in the future.

Rebecca was a 3-year varsity letterman at Berean Christian High School (BCHS) in Walnut Creek, CA. In her Senior year, Rebecca broke the single season assist record and the all-time career assist record at Berean Christian.

This season, BCHS went to State. Rebecca was given the team MVP award, was named team captain, and earned 1st Team All-League (Senior). She also was a 2nd Team All league honoree as a Junior and Honorable Mention All-League as a Sophomore. Rebecca won the Most Dependable award (never having missed a practice or game all high school) and the team MVP award her senior year. She received an Esmark All-American award in 2017, recognized as a Max Preps Player of the Week, October 15, 2017, and was awarded MVP of the showcase tournament in San Francisco in 2017

Rebecca is a Scholar Athlete (2015-2017), Gold Medal winner National Service Award the last two years for community service, with over 250 volunteer hours per year. At BCHS, she was on the Varsity basketball team for 4 years and on the Varsity Track Team for 3 years. Rebecca has been coaching Junior High volleyball the last 4 Years



Rebecca,

We couldn't be any prouder of the amazing young woman you have become! You are just such a joy to everyone you meet! Your passion and love for life is infectious to those around you!

Since the day you went to your first volleyball clinic in fifth grade you knew that you absolutely had to play this game! You fell in love with the sport and I can still see that love every time you play! Traveling all around through the years with you and watching you play has been some of my most favorite times!! I am going to miss all of our fun road trips and adventures, talks in the car and late nights in the hotels! But now it's time for the next chapter!

You have worked countless hours and have had such dedication to improving your skills and becoming the best you could be. You have worked so hard over the years and it's so exciting to see you achieve all your goals! We are excited to see what all the Lord has in store for you and how the gifts and talents He has given you will be used. As you start this next chapter let your light continue to shine!

*We love you with all our hearts –
Mom, Dad, Andrew, Josh*



MATCH-A-MASCOT

Can you match the schools with their mascots?



1.



a.



g.



2.



b.



h.



3.



c.



i.



4.



d.



j.



5.



e.



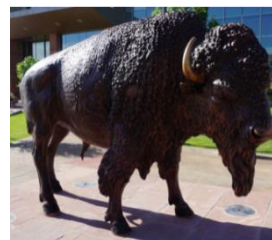
k.



6.



f.



7.



8.



9.



10.



11.



GRETTA KIRKBY

Albany High School / Chico State University

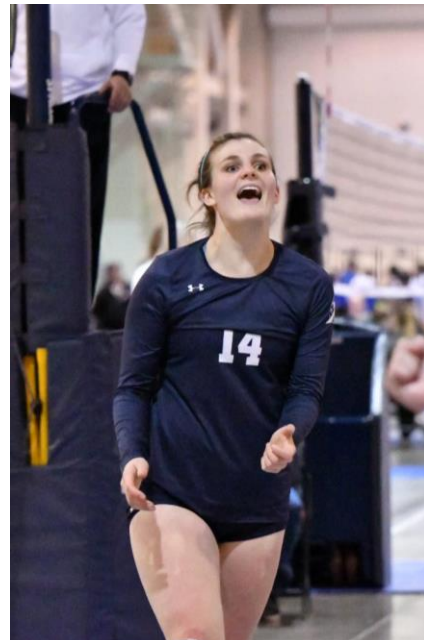


California State University, Chico (also known as **CSU Chico** or **Chico State**), is the second oldest campus in the 23-campus California State University system. It is located in Chico, CA, about 90 miles north of Sacramento. The university has a total enrollment of

nearly 18,000 students. The university offers 126 types of bachelor's degrees, 35 types of master's degrees, and four types of teaching credentials.

Gretta will be attending California State Chico in the fall. She is hoping to major in kinesiology/exercise biology or communication design. She is extremely excited to be a Wildcat, and contribute to her new team's success.

Gretta was a 4-year Varsity athlete at Albany High School (AHS). She served as captain her junior and senior years. She was voted 2nd team All League her sophomore year, and 1st team All League her junior and senior years. Her senior year she was the unanimous choice as the Tri-County Athletic League MVP. She was so honored and pleased to receive this recognition. One of the schools in the league disclosed that one of the male assistant coaches actually got the nickname "Gretta" because he hit at practice to prepare them for Gretta's. During her time at Albany High, the Cougars won the Tri-County Athletic League championship twice, her sophomore and senior years. She has been a scholar athlete her entire high school career. This year she was the Editor-in-Chief of the AHS Yearbook, which kept her very busy when she wasn't playing volleyball.



Gretta!

Wow, volleyball has definitely taken us on an amazing, action packed journey and lots of airplane rides and hotel adventures.

Your hard work and perseverance has made it possible for you to have the opportunity to play volleyball in college. We are so proud of the discipline and maturity you have demonstrated balancing school and sport.

Your determination to always do your best, stay focused and your strong desire to improve has been a joy to witness.

You are such a great teammate. We love watching you connect with your team, always encouraging others and staying positive. I have never witnessed you get down on a teammate or get negative, on the contrary, you have always been the first to offer encouraging words to lift them up when down.

You have the amazing ability to appreciate what you have and express gratitude for the opportunity to pursue something you love, knowing that we have made many sacrifices along the way. We know the whole concept of team is extremely important to you and we are looking forward to supporting you for the next part of your journey with your new family. They are fortunate to have such a wonderful young lady on their squad.

Remember what Andy says, "enjoy the process!" Everyday is a good day to be a Wildcat!

*We love you,
Mom, Dad, Maddie and Jo, Nile the dog*



INGRID LAM

California High School / University of Chicago



The University of Chicago (UChi, U of C, Chicago, or UChicago) is a private research university in Chicago, IL. It holds top-ten positions in various national and international rankings. Chicago is also well known for its

professional schools, which include the Pritzker School of Medicine, the Booth School of Business, the Law School, the School of Social Service Administration, the Harris School of Public Policy Studies, the Divinity School and the Graham School of Continuing Liberal and Professional Studies. The university currently enrolls 5,971 undergraduate students, and 16,016 students overall. The University of Chicago has many prominent alumni, faculty members and researchers. 96 Nobel laureates have been affiliated with the university as professors, students, faculty, or staff, making it the fourth most of any institution in the world. Similarly, 34 faculty members and 17 alumni have been awarded the MacArthur "Genius Grant". In addition, Chicago's alumni and faculty include 53 Rhodes Scholars, 25 Marshall Scholars, 9 Fields Medalists, 4 Turing Award Winners, 20 National Humanities Medalists, 16 billionaire graduates and a plethora of members of the U.S. Congress and heads of state of countries all over the world.



Ingrid,

We're so proud of all that you have accomplished throughout these past few years, and feel so privileged to have watched you grow into such an amazing young lady. Your hard work, both in school and on the court, has paid off, and we are so excited to see what the future brings for you.

*With all our love,
Mom, Dad and Ian*



THE UNIVERSITY OF
CHICAGO



TATIANA LUEVANO

Miramonte High School / University of Redlands



The **University of Redlands** is a private, nonprofit university located in Redlands, CA, offering both liberal arts and professional programs. The university emphasizes academic rigor, curricular diversity and innovative teaching through an intimate class environment enabling

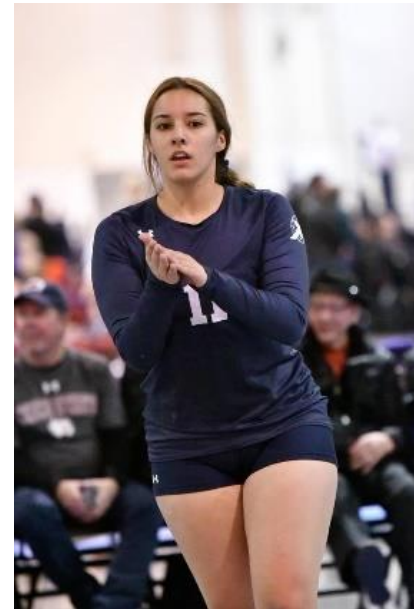
students to engage in class discussion, work alongside professors, and receive extensive individual attention. The University's main, residential campus is situated on 160 acres near downtown Redlands. An additional seven regional locations throughout Southern California provide programs for working adults. Founded in 1907 as a Baptist institution, the school is now independent and ended compulsory religious services in 1972, although it maintains an informal relationship with the group American Baptist Churches USA and students there continue to engage in community service.

Tatiana will be pursuing a degree in Psychology at the University of Redlands.

Tatiana began playing volleyball in fourth grade while attending St. John's the Baptist School. During her time there, she also participated in basketball from 5th through 8th grade where her team made it to playoffs each year. She also held responsibilities in the student government from 6th through 8th grade, was part of the CA Junior Scholarship Federation, and earned the presidential academic award. She volunteered as a middle school peer tutor and bible camp counselor.

She joined Miramonte's Junior Varsity team her freshman year and continued on Varsity her remaining three years earning second place in NCS her sophomore year and second place in NCS her junior year. She was also awarded second team DAL all-league her junior year with 928 assists and 241 digs. During her senior year she served as Varsity captain where she led her team to the NCS semi-finals and earned the title of first team all-league with 515 assists and 244 digs.

She began her club career with Golden Bear at 11 years old. Since then her love for volleyball has led her to assist coaching the girls' volleyball team at St. Cornelius Middle School as well as become a CYO officiate. She earned a trip to Junior Nationals with Absolute Volleyball Club where they placed in the top 40 in the open division. She has enjoyed her last three seasons with Xceleration Volleyball Club. Although it will be missed, she is thrilled to continue her love for volleyball with the Bulldogs!



Tati,

We are all so proud of you and all that you have accomplished. Watching you play volleyball throughout the years has been such a pleasure. Your determination and passion for the sport is contagious and you bring a smile to all those who watch you on the court. You have touched so many with your strong heart and positive attitude. Always keep your head up and continue to play your best game. You have such an amazing life ahead of you full of opportunities. Continue to dream big and move forward in your journey. Remember we will be with you every step of the way. We love you so very much!

*Your biggest supporters,
Dad, Mom, Jessica, Monica, and Lisa*



UNIVERSITY OF
Redlands



EMILY MAHER

Benicia High School / Boise State University



Boise State University is a public university in Boise, Idaho. Founded in 1932 by the Episcopal Church, it became an independent junior college in 1934, and has been awarding baccalaureate and master's degrees since 1965. Boise State confers more undergraduate degrees than any public university in Idaho and has invested in the future over the past

decade, including spending over \$300 million since 2003 on academic, residential, and athletics facilities across campus. The school became Idaho's third state university in 1974, after the University of Idaho (1889) and Idaho State University (1963). The 175-acre campus is located near downtown Boise, on the south bank of the Boise River, opposite Julia Davis Park. With more than 170 buildings, the campus is at an elevation of 2,700 feet above sea level, bounded by Capitol Boulevard on the west and Broadway Avenue to the east. Boise State broke ground in May 2017 on a \$42 million Center for the Fine Arts, which will house sculpture, metalwork, painting, graphic design and other visual arts, as well as gallery space and a digital "World Museum" devoted to high-tech arts experiences.

Emily will pursue a degree in Psychology at Boise State. Emily plans on playing for the BSU Club Volleyball team in Fall 2018.

Emily was a 3-year Varsity starter in addition to being pulled up to Varsity for the CIF-San Joaquin Section Playoffs her Freshman year at Benicia High School (BHS).

Emily won the Coaches Award 3 of the 4 years she played at BHS. She was Varsity Team Captain her Junior and Senior years and won the MVP Award her Senior year.

Emily was League Honorable Mention her Sophomore and Junior years, and All-League First Team her Senior year. She's also on the BHS Honor Roll.



Dear Emily,

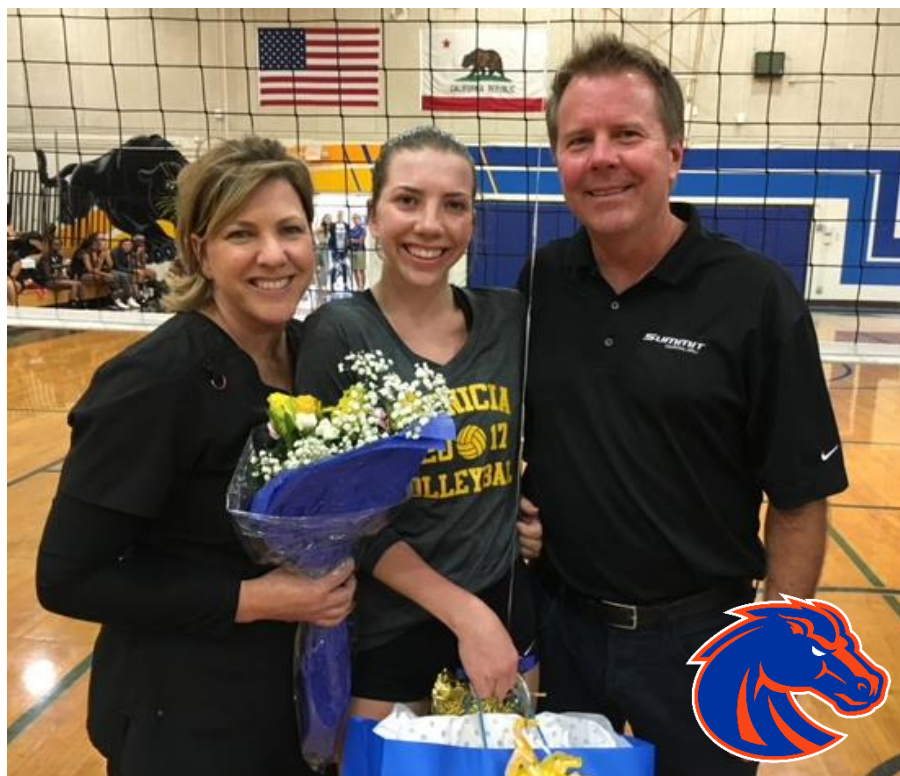
As your parents we couldn't be more proud of you. Yes, we have watched you play countless sets of volleyball through the years and have enjoyed every minute of it, but what we truly cherish is having had the pleasure of watching you grow into the beautiful, smart, compassionate, driven young lady you are today!

You have always been a competitor. Being the youngest of four children, you were always in competition with someone. Whether it was at home, the classroom, on the school yard, field, or court, you welcomed any challenge with enthusiasm and perseverance.

Because of your passion to compete, you were always a joy to watch and to root for! You were tough then and are tough now! Volleyball has been a huge part of your life and ours since you were 11 years old. We will, without a doubt, miss it! Volleyball has given you confidence and has matured you in a way that will serve you well throughout your life. Though we are sad to see the competitive side of volleyball come to an end, we are so excited for all the new opportunities that await you at BSU for you to explore and experience!

It's been a great journey thus far Emily, and we have been blessed to be able to share in it with you! Always know we love you, support you, and are your biggest fans!

Love,
Mom, Dad, Ali, Megan & Kevin



SHRUTI MANGIPUDI

Dougherty Valley High School / Manhattan College



Manhattan College is a private, independent, Roman Catholic, liberal arts college located in the Bronx, New York City. After originally being established in 1853 by the Brothers of the Christian Schools (De La Salle Christian Brothers) as an academy for day students, Manhattan College was

officially incorporated as an institution of higher education through a charter granted by the New York State Board of Regents. In 1922, the College moved from Manhattan to the Riverdale section of the Bronx, roughly 6.4 miles north of its original location on 131st Street in the Manhattanville section of Manhattan. *U.S. News & World Report* lists Manhattan as one of the top 20 colleges in the Regional Universities North category. In addition, Manhattan consistently ranks in the top twenty in surveys that evaluate return on investment.

Shruti plans to study Allied Health Sciences at Manhattan College.

Shruti was a 4-year starting varsity setter at Dougherty Valley High School (DVHS) in San Ramon, CA. She was co-captain of the team starting Sophomore year and led the team to the North Coast Section (NCS) playoffs each year. Shruti received the Rookie of the Year award (Freshman year) and MVP award (Sophomore and Junior years) at DVHS. She made the 1st team Diablo Foothill Athletic League (DFAL) (Sophomore year), 2nd team East Bay Athletic League (EBAL) (Junior year) and All-League Honorable Mention during her Senior year.

Academically, Shruti received the Scholar Athlete award all 4 years of high school and was recipient of Principal's Academic Excellence award for 2 years. Shruti was part of Circle of Friends at her school and volunteered to be a buddy for students with special education needs. She was an active participant for Relay for Life at DVHS and raised funds to fight against Cancer. Outside of school, Shruti volunteered with the American Cancer Society. Most recently, she interned at Diablo Valley Health in Danville, CA observing and learning about patients with mental health issues.



Liked by shrutss_ and 50 others

jaspersvb #JasperNation meet Shruti Mangipudi our newest member of the Manhattan family! #setter #striveforgreatness 📸 Ryan Turner



Dearest Shruti,

It feels like this moment came too soon. The last 18 years seem to have passed by us very quickly. The memory of welcoming you to this world, the joy of holding a little angel (well not so little 9 lbs. and 21 inches long) and the nurse admiring your full head of curly hair are still fresh on our mind. It is simply a pleasure and joy to see you grow into the fine young woman you are. We want you to know how special you are to us and how much we believe in you. You make our hearts swell in pride with all your accomplishments and achievements in academics as well as volleyball.

When you were 10 years old – we moved from Pleasanton to San Ramon and it felt like we put you in the most vulnerable situation as you were upset for days only to realize that it was the best thing to happen for you by introducing you to your favorite sport volleyball. Year over year, we have seen your confidence grow, molding you into a competitive student athlete while continuing to be a supportive and empathetic individual. There are notable people like coaches Ernie & Shari Rodriguez, Jen Cincotta, Leslie, Jade, Lindsay, Andy, Jeremy, mentoring you received from Jim Ross and uncle Ravi for his encouragement, to name a few who helped you in this journey. We would like to thank them for not only helping you to develop your volleyball skills but also helping you grow personally.

Off the court, we are particularly proud about your caring and compassionate nature, in trying to make a difference by helping people and your commitment to change the world to be a better place in your own little way. As you leave to New York to start the next phase of your life – life as a college student, we will be reminiscing on the beautiful memories of the times we have spent together including the countless hours and miles to practices and tournaments and watching you play. These precious moments are the best gift we got as parents. Thank you for giving us this wonderful experience.

Finally, college is an exciting time with new people to meet, things to learn and experiences to share. Take advantage of this time and enjoy it and please be in touch with your roots and culture. The moral values will help you in further shaping your life.

We will miss you dearly Shruti. With lots of love,

*Mama & Papa Bear, loving brother Vedu
and we can't forget about Casper :-)*



MIRANDA MARSHALL

Vanden High School / Dixie State University



Dixie State University (DSU or, colloquially, **Dixie**) is a public comprehensive university in St. George, UT. As of fall 2016, there are 8,993 students enrolled at DSU. The institution began as St. George Stake Academy, founded in 1911 by the

Church of Jesus Christ of Latter-day Saints (LDS Church). Later it became a state school of the Utah System of Higher Education. In February 2013, the former **Dixie State College**, as it had been known since 2000, officially became Dixie State University.

Miranda has received the following achievements throughout her volleyball career:

- Varsity player for 3 years with 2 years as Team Captain for Vanden High School
- Honorable mention (2015)
- All league Champion (2016/2017)
- SCAC (Solano County Athletic Conference) MVP (2017)
- SCAC MV Hitter (2017)
- SCAC League Champ (2016-2017 & 2017-2018)
- Most blocks in league (2015/2016/2017)
- Vanden H.S. single-match record holder for total blocks (20 – 11 assisted/9 solo)
- Has earned the Academic Scholar Athletic Award all four years of high school



Dear Miranda,

We have been truly entertained by you and all of your energy. You are an inspiration to all those who face challenges in life and fight to overcome those things that attempt to stop you from fulfilling your dreams.

We are excited to watch you take your play to the next level and grateful that you chose to stay closer to home!

We know that you are going to do well on and off the court.

Go Bisons!!!

Love, your biggest fans
Mom, Dad, and Tristan

DSU
DIXIE STATE UNIVERSITY

XCELERATION



CIERRA POPE

Heritage HS / University of Mary Hardin-Baylor



The **University of Mary Hardin-Baylor (UMHB)** is a Christian co-educational institution of higher learning located in Belton, TX. UMHB was chartered by the Republic of Texas in 1845 as **Baylor Female College**, the female department of what is now Baylor University. It has

since become its own institution and grown to 3,914 students. It is affiliated with the Baptist General Convention of Texas. The university is fully accredited by the Southern Association of Colleges and Schools. UMHB's first doctoral program, leading to the doctor of education (EdD), officially began in June 2007 with 21 students in the inaugural class. The university's overall student/faculty ratio is 16:1. This university also now awards the doctor of physical therapy and the doctor of nursing practice degrees.



Cierra has played club volleyball since 2014 and is a three-year letter winner at Heritage High School, with the following accomplishments:

- JV Volleyball Defensive Player of the Year (2014)
- Make A Difference Award, Varsity Volleyball (2015)
- North Coast Section (NCS) Distinguished Scholastic Athlete (2014-2017)
- NCS Honorable Mention 2016
- Most Valuable Player, Varsity 2017
- NCS First Team, All League 2017
- Bay Area All League Honorable Mention 2017

Cierra,

I knew this day would come but I never imagined it would come so fast. This is where the countdown begins, you have only weeks before you move away to another state to start college and begin your new, wonderful life of your own.

The next few months are going to be so exciting for you as you prepare to head on your new adventure. At times, life will get rough – it's inevitable; how you handle the adversity is what will determine whether you succeed or not.

Learn from your mistakes, find the good in yourself and trust your intuition.

Love yourself. *People will disappoint you, it's their nature, don't let their actions change how you see yourself or the wonderful life you are building. Don't allow anyone to make you feel less of a person through their words or actions. NEVER allow someone else to taint your self-worth, NEVER give them power over you.*

Pick your battles. *Life is too short to argue with someone who doesn't share the same opinion as you.*

Step out of your comfort zone as often as you can. *Do things that scare you but know your limits. If it feels wrong, don't do it, if you know it's wrong don't go along with it.*

(Continued on the next page)



Don't be in such a hurry to grow up. *Just because you're 18, you're still not an adult. Being an adult means being responsible with all aspects of your life. Take time to learn who you are and what you want to be. Learn from others mistakes.*

Follow your dreams.

Forgive.

Most importantly, remember you are loved. Your family is so important, none of us want to see you fall or get hurt, in fact, we'd do anything to protect you from harm and keep you safe. Family is forever. I pray that you'll be safe and that you'll never forget your way back home.

*Love forever and ever,
Mom, Hector, Atheena & Michael*



UNIVERSITY OF
MARY HARDIN-BAYLOR
EDUCATION FOR LIFE... EXPERIENCE OF A LIFETIME

LINDSEY REYES

Armijo High School / Sacramento State



SACRAMENTO
STATE

California State University, Sacramento (CSUS; Sacramento State, informally **Sac State**), founded in 1947 as Sacramento State College, is a public comprehensive university in the city of Sacramento, the capital city of the U.S. state of California. It is the eleventh oldest

school in the 23-campus California State University system.

The university enrolls approximately 30,500 students annually, has an alumni base of 215,000 and awards 7,000 degrees annually. The university offers 151 different Bachelor's degrees, 69 Master's degrees, 28 types of teaching credentials, and two Doctoral degrees. The university also has extensions in Singapore, offering a unique IMBA (International Master's in Business Administration).

Lindsey has played club volleyball since 2012 when she was 11 years old. She was a starting Varsity player and co-captain at Armijo High School for all four years. She always showed compassion and enthusiasm, on and off the court and was someone her teammates looked up to. She has received the Monticello Athletic All League award in 2016. Academically, she is a recipient of the Highest Honors Award with a 4.2 GPA, is a member of the National Honors Society, and has completed study in the International Baccalaureate Program.

Lindsey plans on attending Sacramento State in the fall to pursue a degree in nursing.



Dearest Lindsey,

My heart has been so full watching you play and cheering you on all of these years. Who knows as a young player of 11 years old that you would blossom into such a strong, vital component of any team you've been a part of. You've always given it your all and played your heart out no matter what the situation. I am truly thankful to all of the dedicated coaches, awesome teammates, supportive parents and to the sport of volleyball. It has shaped you into the wonderful young lady you are today. Watching my sweet, somewhat reserved girl transform into a beast on the court has been an absolute joy. Your nicknames like "killer" and "the Hammer" were well befitting to your intensity of play and love of the game. I am so grateful that you found this sport to express yourself (and to let off some steam.)

We are so proud of you Lindsey both on and off the court. You've proven that you have what it takes to be a role model, succeed in any endeavor you put your mind to and most importantly, treat others with kindness and respect.

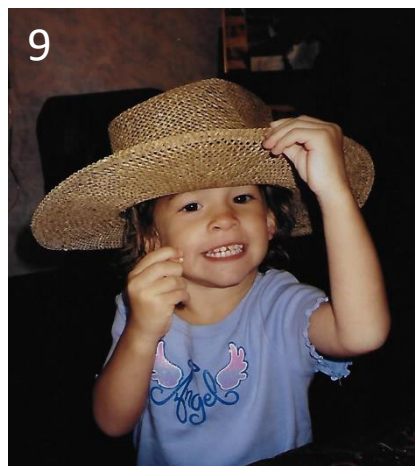
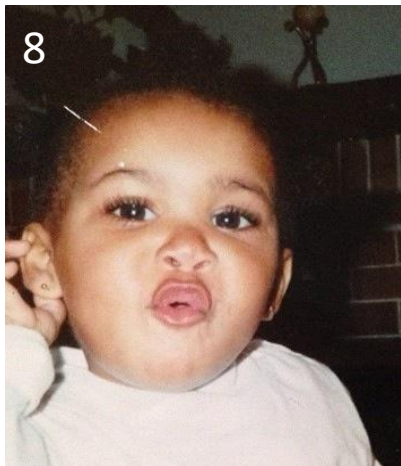
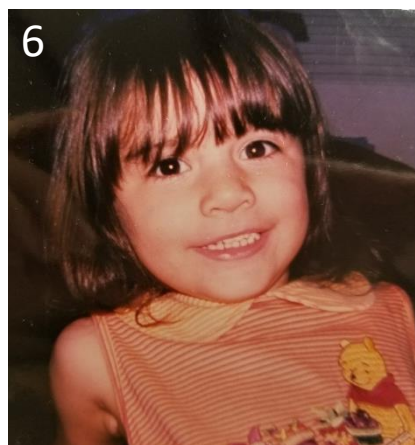
We are so excited for what the future will bring your way. Just remember that you are truly loved for always and forever. Your family will always have your back- just remember to save that hammer only for the court:]

Love,

Mom, Dad, Olivia and Sammy



Can You Name These Athletes?



1 & 2 Emily; 3 Chiara; 4 Cierra;
5 Shruti; 6. Tati; 7 Jenna; 8
Brey; and 9 Miranda.