



2019-2020 Information Sheet

Club Dues / Coaches / Contacts / Practices / What Happens After Tryouts?

Xceleration Sports Facility
360 Ferry Street, Martinez
CONTACT: Club Director, Leslie Ray
lesrayxcelvbc@yahoo.com

The Xceleration website will be updated daily through Signing Night to indicate the number of open spots remaining for each team. Please visit www.xcelerationvbc.com for more information.

CLUB DUES – POWER TEAMS UNLESS NOTED

17Blue/16Blue/15Blue (thru June, 3 practices/week)	\$5,200
16White (thru May, 3 practices/week)	\$4,800
15White/14Blue/14White (thru May, 3 practices/week)	\$4,400
13Blue (thru May, 3 practices/week)	\$4,200
13White - Premier League (thru May, 2 practices/week)	\$3,750
12Blue - Premier League (thru March, 2 practices/week)	\$1,800
2nd child discount (taken off the youngest player's fees)	\$200

Club Dues include: facility rentals, coaches' salaries, coaches' travel/lodging, NCVA team fees, uniform package, training sessions (15s and older), travel tournament entry fees, administrative expenses, equipment, coaches' training seminars, and insurance. Price differences are due to varying travel tournaments and associated costs. Group flights to Kansas City added to club dues.

COACHES / CONTACTS / PRACTICES

Check **CALENDAR** on website for any updates.
All practices begin after Thanksgiving.

12Blue – Mon/Wed: 6:00 – 7:45 PM

Gayle & Jeremy Swann (gayleswann@sbcglobal.net)

13Blue – Tue/Thu: 6:15 – 8:00 PM, Sun: 2:00 – 4:00 PM

Lindsey Ray (lindsey.ray5@yahoo.com)

Natalie Wilson

13White – Tue/Thu: 6:00 – 7:30 PM

Leslie Ray (lesrayxcelvbc@yahoo.com)

Ashley Mulshenock

14Blue – Mon/Wed: 6:15 – 8:00 PM, Sun: 2:00 – 4:00 PM

Haley Glass (Haleyglass8@gmail.com)

Salomon Leon

14White – Mon/Wed: 6:15 – 8:00 PM, Sun: 10:00 AM – 12:00 PM

John Vuong (vuongjo@yahoo.com)

Kristen Root

15Blue* – Mon/Wed: 8:00 – 9:45 PM, Sun: 12:00 – 2:00 PM

John Vuong (vuongjo@yahoo.com)

Malia Bolko

15White – Tue/Thu: 6:15 – 8:00 PM, Sun: 2:00 – 4:00 PM

Patrick Samples (VballCoachPat21@gmail.com)

Taylor Elliott

16Blue* – Tue/Thu: 8:00 – 9:45 PM, Sun: 12:00 – 2:00 PM

Lucas Abbott (lucasabbott@hotmail.com)

Kayla Coleman

16White* – Mon/Wed: 8:00 – 9:45 PM, Sun: 12:00 – 2:00 PM

Todd Ajari (ajarit@yahoo.com)

Michaela Gardner

17Blue* – Tue/Thu: 8:00 – 9:45 PM, Sun: 4:00 – 6:00 PM

Leslie Ray (lesrayxcelvbc@yahoo.com)

Lindsey Ray

** Team conditioning 30 minutes before weekday practices.*

Schedules may be subject to minor adjustments.

WHAT HAPPENS AFTER TRYOUTS?

Offers can, and will, be made at tryouts. Coaches will all be available at the conclusion of an age group tryout. If a player or parent wants to speak to them they should remain in the gym as coaches will speak to all who care to wait. Sometimes it is impossible for the coaches to speak to all players at a tryout so our coaches will also make phone calls to potential players on each team beginning immediately after the tryout has concluded. For younger teams (14 and under) the coach will always ask to speak to a parent.

In any case where a player accepts an offer to play for Xceleration, the coach will ask to speak to a parent to confirm this.

Please be patient! Every season we are still making phone calls to players well into the week after tryouts to fill all our teams. If you want to play for Xceleration and have not heard from a coach by Wednesday morning, please e-mail Club Director Leslie Ray to get an update on your status. We understand that making the team on a club can be stressful to players. We will do our best to contact each player as soon as feasibly possible.

The Xceleration website will be updated daily after tryouts to indicate the number of commitments and open spots remaining on each team.

Important Notes:

- **Payment is REQUIRED by the payment schedule due dates to continue practicing and playing with the team**
- **If a team qualifies for Junior Nationals, coaches' airfare and lodging will be collected before the team leaves for the tournament**
- **There will be no refunds of club dues or other deposits**



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SIGNING NIGHT DETAILS

After completion of the selection process and you have been notified and asked by the respective coaches to join Xceleration, all players and at least one parent (or guardian) **MUST ATTEND THIS MANDATORY MEETING.**

Sunday, November 10, 2019

Xceleration Sports Facility, Martinez

Times & Age Groups

2:00 – 3:30 PM **12s – 14s**

3:45 – 5:15 PM **15s – 17s**

Before Going to Signing Night

- Login to the NCVA website (www.ncva.com) and affiliate yourself with "Xceleration VBC."
- Go to our website to print Forms that need to be filled out, under "FORMS" entitled "Signing Packets." Print and complete all applicable forms prior to coming to the meeting.
- Fill in the NCVA Letter of Commitment, but do not sign until the Signing Night meeting.

Forms Checklist

- NCVA Letter of Commitment
- Medical Release Form
- Xceleration Commitment Contract Form
- Xceleration Contact Information Form
- Waiver of Liability for Gym Use Form
- Xceleration Credit Card Authorization Form

Uniforms

Players will be trying on uniforms and sweats for sizing.

Team Meeting

Teams will be meeting with their respective coaches near the end of each session.

First Installment

First installment payment must be paid by check/cash only on Signing Night. Online payment option is available for Full Payment, and the 2nd and 3rd installments.

Payment Schedule

40% Due at Signing Night on November 10

30% Due by December 15, 2019

30% Due by January 15, 2020

Payments by check can be mailed to:

Xceleration Volleyball Club

2952 Vessing Road

Pleasant Hill, CA 94523

TRAVEL POLICY

The only way to describe club volleyball travel in this day and age is that it is changing. More and more tournaments are adopting special policies for not only tournament housing, but for tournament entry. "Stay to Play"¹ and "Loyalty Booking"² programs are becoming commonplace with tournament organizers. Xceleration began work on our club travel policies and arrangements over the summer. The club allows players to room with parents on travel tournaments. The biggest change to the travel policy is parents are responsible to book for ALL TRAVEL, except flights to Kansas City for 15B, 16B and 17B. A few seats on the team flight will be made available to parents via lottery. Sign-ups/interest list will be taken at Signing Night.

Travel Information and details for each specific tournament can be found on our website

¹ Clubs must select their stay from a list of pre-approved hotels supplied by the tournament. If teams do not use a pre-approved hotel, they cannot play in the tournament.

² Clubs must guarantee minimum nights of rooms reservations, per team, per night. The lowest level is 12 rooms per team, per night. That rate, however, does not guarantee you rooms within walking distance of the convention center.

New for 2020: Mandatory Setting Clinics

- All setters will be required to attend setting clinics which will be held twice a month for 1 hour each on Saturday mornings.
- Fees (TBD) for these clinics are separate from club dues and will be billed upfront for all 12 sessions. No refunds for missed clinics.
- Once a month, setting clinics will be open for players who are not setting on their teams and want to learn the position. This could also include players that a particular coach wants to send to see if they can develop into a setter.

All Ages: Private or Group Lessons

- Private or group lessons for all ages will be held on selected Saturdays, as shown below. Registration and scheduling procedures can be found on our website under "Camps/Clinics/Lessons"

Dates	12-14	15-17	All Ages
Saturdays	Setters	Setters	Lessons
Dec 7	10-11 AM	11-12 PM	12-6 PM
Dec 21	10-11 AM	11-12 PM	12-6 PM
Jan 11	10-11 AM	10-11 AM	12-6 PM
Jan 25	10-11 AM	11-12 PM	12-6 PM
Feb 8	10-11 AM	11-12 PM	12-6 PM
Feb 22	-	-	12-6 PM
Feb 29	10-11 AM	11-12 PM	-
Mar 21	10-11 AM	11-12 PM	12-6 PM
Mar 28	10-11 AM	11-12 PM	12-6 PM
Apr 4	TBD	TBD	12-6 PM
Apr 11	10-11 AM	11-12 PM	12-6 PM
Apr 18	TBD	TBD	12-3 PM
Apr 25	TBD	TBD	12-6 PM
May 2	-	11-12 PM	12-3 PM
May 9	10-11 AM	-	12-3 PM
May 16	10-11 AM	11-12 PM	12-6 PM

Setting Clinics for 12s TBD/Optional through February only.

Save the Date: College Development Seminar for 15s-17s

- **Saturday, December 7, from 12:00 PM – 1:30 PM**



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Tournament Schedule

Tournaments	Dates*	12B	13B	13W	14B	14W	15B	15W	16B	16W	17B
NCVA California Kickstart	Jan 18	x									
NCVA California Kickoff	Jan 18-20		x	x	x	x	x	x	x	x	x
NCVA 18s Power League #3	Feb 1										
NCVA Premier League Qualifier	Jan 25	x									
	Jan 26			x							
NCVA Power League Qualifier	Feb 1-2		x		x	x	x	x	x	x	x
NCVA Presidents Day	Feb 15-17	x	x	x	x	x		x			
SCVA Las Vegas Classic - Las Vegas	Feb 15-17									x	
NIT Triple Crown - Kansas City	Feb 15-17						x		x		x
NCVA Power League #1	Feb 22		x		x	x					
	Feb 23						x	x	x	x	x
Golden State Classic - Sacramento	Mar 7-8				x	x	x	x			
Colorado Crossroads - Denver	Mar 13-15								x	x	x
SCVA Red Rock Rave II JNQ - Las Vegas	Apr 3-5				x	x	x	x			
NCVA Power League #2	Mar 1										x
	Mar 8						x	x	x	x	
	Mar 15		x		x	x					
NCVA Power League #3	Mar 22				x	x					
	Mar 29						x	x			
	Apr 5		x						x	x	x
NCVA Premier League #1	Mar 1	x		x							
NCVA Premier League #2	Mar 14	x		x							
NCVA Premier League #3	Apr 4			x							
NCVA Far Westerns - Reno	Apr 18-20		x	x	x	x		x			
	Apr 24-26						x		x	x	x
NCVA Premier League #4	Apr 25			x							
NCVA PL Regional Championships (Various TBA / Reno)	May 2-3		x	x	x	x					
	May 9-10						x	x	x	x	x
NCVA Bayview Classic - San Mateo	May 23-25		x	x							
JVA West Coast - Long Beach	May 23-25				x	x	x	x	x	x	x
AAU National Championship - Orlando	Jun 16-28						x		x		x
USAV Jr Nationals (as qualified) - Dallas	Jun 25-Jul 4		TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD

*Tournament dates only, excluding travel days. Always check tournament websites for real-time information.



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Tournament Lodging/Travel Reference Guide

	Triple Crown NIT Kansas City	SCVA Las Vegas Classic Las Vegas	CO Crossroads Denver Week 2	Red Rock Rave JNQ Las Vegas
Teams	15B, 16B, 17B	16W	16B, 16W, 17B	14B, 14W, 15W
Tournament Dates	Feb 15-17, 2020	Feb 15-17, 2020	Mar 13-15, 2020	Apr 3-5, 2020
Travel ⁽¹⁾	Players Booked by Xcel ^(1a)	Arranged by Parents/Players	Arranged by Parents/Players	Arranged by Parents/Players
Lodging ⁽²⁾	Booked by Xcel Stay & Play	Booked by Xcel Stay & Play	Booked by Xcel Loyalty Program	Booked by Xcel Stay & Play

	Far Westerns Reno Week 1	Far Westerns Reno Week 1	NCVA PL Finals Sacramento/Reno	NCVA PL Finals Sacramento/Reno	JVA West Coast Long Beach
Teams	13B, 13W, 14B, 14W	15B, 15W, 16B, 16W, 17B	13B, 14B, 14W	15B, 15W, 16B, 16W, 17B	14B, 14W, 15B, 15W, 16B, 16W, 17B
Tournament Dates	Apr 18-20, 2020	Apr 24-26, 2020	May 2-3, 2020	May 9-10, 2020	May 23-25, 2020
Travel ⁽¹⁾	Arranged by Parents/Players	Arranged by Parents/Players	Arranged by Parents/Players	Arranged by Parents/Players	Arranged by Parents/Players
Lodging ⁽²⁾	Booked by Xcel Stay & Play	Booked by Xcel Stay & Play	Arranged by Parents/Players	Arranged by Parents/Players	Booked by Xcel Stay & Play

	AAU Nationals Orlando ⁽³⁾	USAV Jr. Nationals ⁽⁴⁾ Dallas
Teams	15B, 16B, 17B	TBD ⁽⁵⁾
Tournament Dates	Jun 16-28, 2020	Jun 25-Jul 4, 2020
Travel ⁽¹⁾	Arranged by Parents/Players	TBD ⁽⁵⁾
Lodging ⁽²⁾	Booked by Xcel	TBD ⁽⁵⁾

⁽¹⁾ Players and parents are responsible for getting themselves to tournament the day prior to start. Coaches will establish a check-in time for players to arrive.

^(1a) To be billed separately by Xceleration and payable by year-end 2019.

⁽²⁾ Details to be provided to Team Parents, including booking instructions, once the tournament site opens for reservations.

⁽³⁾ Teams listed will attend this tournament unless they secure a Junior National bid at the Open or National level. Check AAU website for actual tournament dates for respective age groups.

⁽⁴⁾ As qualified.

⁽⁵⁾ Teams are not able to book air or hotels for this tournament until they qualify. Once an Xceleration team qualifies, the club will work with teams to secure arrangements.