



2022-2023 Information Sheet

Contacts / Coaches / Practice Days & Times

XCELERATION SPORTS FACILITY at NorCal Courts

360 Ferry Street
Martinez, CA

CONTACT: Club Director, Leslie Ray

Click here to [Contact Us](#)

Please visit www.xcelerationvbc.com for more information, including [FAQs](#).

A NOTE ABOUT TRYOUTS: In the past there has been word spread that many of our spots for our teams are given out prior to tryouts. We wanted to address this. The practice of offering spots prior to tryouts is not one that is confined to Xceleration. MANY clubs have this practice whether they choose to talk about it or not. At Xceleration, we have always chosen to be up front and open about it.

That being said... Yes, we do offer “some” spots on our Blue teams to players who have attended our clinics prior to tryouts. Our teams are by no means fully committed prior to tryouts and there are always spots open on all our Blue and White teams at tryouts. Everyone who attends an Xceleration tryout will be given a thorough and complete evaluation and a competitive opportunity to be offered a spot on our teams. If you have any concerns about this, please talk to us directly at Tryouts.

IMPORTANT NOTE: Please do not leave the premises until your daughter has had the chance to meet and talk to her potential coach(es) to determine where she stands on the team and hear the next steps regarding the team’s selection process. Coaches will offer spots to players/parents before Signing Night to get commitments.

COACHES: Much of what makes up our club is the result of our tremendous coaching staff. They are skilled volleyball players and coaches who are trained by the Xceleration staff in the methods that we want them to develop in our players. In addition, we make sure to only employ coaches that are being good role models on and off the court. We have very high standards for our staff that ensures that your daughters are being taught good life lessons both in and out of competition.

There is more to being a good coach than just an extensive knowledge of the game – you also have to be able to teach the girls how to effectively identify and work towards goals. We make sure to have coaches that not only preach it, but they live their own lives by it.

Read more about our coaching and administrative [Staff](#) on our website.

| Team | Head Coach (Assistant) | Practices (Court) |
|----------|---|---|
| 12 Blue | Krystal Hin (Taylor Dixon) No Practice Sunday | Tue/Thu 6:00-7:30 pm (1) |
| 13 Blue | Greg Ginsburg (Michaela Ahlenslager) | Mon/Wed 6:00-7:45 pm (1) Sun 2:00-4:00 pm |
| 14 Blue | Jhoanna Rollins (Allan Alberto) | Tue/Thu 6:00-7:45 pm (2) Sun 2:00-4:00 pm |
| 14 White | Jennifer Uresti (Amanda Mallard) | Mon/Wed 6:00-7:45 pm (3) Sun 2:00-4:00 pm |
| 15 Blue | Leslie Ray (Rochelle Alonsabe) | Tue/Thu 6:00-7:45 pm (3) Sun 10:00 am-12:00 pm |
| 15 White | Maynard Patacsil / Owen Uresti (Jhoanna Rollins) | Mon/Wed 6:00-7:45 pm (2) Sun 12:00-2:00 pm |
| 16 Blue | Ruth Lawanson (Todd Ajari) | Mon/Wed 8:00-9:45 pm (3) Sun 10:00 am-12:00 pm |
| 16 White | Greg Ginsburg/Kaitlynn Zdroik (Allan Alberto) | Mon/Wed 8:00-9:45 pm (2) Sun 12:00-2:00 pm |
| 17 Blue | Leslie Ray / Lucas Abbott (Kayla Coleman) | Tue/Thu 8:00-9:45 pm (3) Sun 12:00-2:00 pm |
| 17 White | Andrew Randolph (Maynard Patacsil) | Mon/Wed 8:00-9:45 pm (1) Sun 4:00-6:00 pm |
| 18 Blue | Andy Schroeder / Jeremy Swann (Taylor Dixon) | Tue/Thu 8:00-9:45 pm (1) Sun 4:00-6:00 pm |

All practices begin December 4 – 22, 2022; resumes January 2, 2023. Check **CALENDAR** on website for updates.



2022-2023 Information Sheet

Club Dues / Signing Night

CLUB DUES & SIGNING NIGHT DETAILS

After completion of the selection process and you have been notified and asked by the respective coaches to join Xceleration, all players and at least one parent (or guardian) **MUST ATTEND THE MANDATORY SIGNING NIGHT MEETING**.

Xceleration Sports Facility, Martinez

15s-18s: Wednesday, August 3, 2022, 6:00 pm – 8:30 pm

12s-14s: Wednesday, October 26, 2022, 6:00 pm – 8:30 pm

BEFORE GOING TO SIGNING NIGHT

- Go to our website to print forms that are required to be filled out, under [Forms/Handouts](#), entitled "Signing Packets." Please download editable forms, complete, print and bring all applicable forms with you to the meeting. Please also note that these are team-specific signing packets.

CLUB DUES

Club dues include:

- Coaches' stipends, travel/lodging
- Club Equipment/Practice Facility and Operations
- Sports Psychology sessions
- Team Affiliation Fees
- All Tournament Entry Fees
- Uniform Package
- Club Insurance
- Misc. administrative expenses

Club dues do not include:

- Tournament travel expenses for the member athlete and her family
- Additional tournament registration fees and coaches' travel costs for any optional tournaments if a team decides to join a tournament that is not included in the original schedule.
- Post-season expenses for qualifying tournaments (e.g., Junior National Championships tournament entry fees, coaches' salaries, travel & lodging).
- Volleyball association membership fees for players as required.

CLUB DUES – PAYMENT OPTIONS

- Pay in Full at Signing Night.** A 5% discount will be applied for payments in full.
 - Cash/Check:** Bring cash/check to Signing Night.
 - Paypal/Credit/Debit Card:** If using a debit/credit card to pay in full, please use our [Online Store](#) or complete a Credit Card Authorization Form for Payment in Full (found in Signing Packet) and submit at Signing Night. Credit card transactions will incur a 3.5% transaction fee.
 - Regulations prohibit us from accepting payments prior to Signing Night.*
- Pay in Three Installments.**
 - Cash/Check:** Bring cash/check for 1st installment at Signing Night. Subsequent payments must be received by mail before the due date. If you plan to make future installments with a credit card, then you must complete a Credit Card Authorization Form (read Important Notes below).
 - Paypal/Credit/Debit Card:** A completed Credit Card Authorization Form (to be posted on our website under "[Forms/Handouts](#)" is required if paying in installments (read Important Notes below).
 - IMPORTANT NOTES** regarding credit card authorizations. The card account will only be charged if the 2nd or 3rd installment payment is delinquent, not received on the due date. You must still make the payment by sending a check (without transaction fee) or payment through our [Online Store](#) (with 3.5% transaction fee) by the due date. The amounts due and their due dates are listed on the next page.
- First Installment (or Full) Payment Due on Signing Night**
First installment (or Full) payment must be paid by check/cash or credit card on Signing Night. Credit card payments may use our [Online Store](#) (with 3.5% transaction fee). A Credit Card Authorization Form is required for ALL installment payments.



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Signing Night / Club Dues (continued)

- Payment Schedule**

| | | |
|---|----------------------|----------------------|
| | 15s-18s | 12s-14s |
| 1st Installment Due Date: | Aug. 3, 2022 | Oct. 19, 2022 |
| 2nd Installment Due Date: | Sep. 15, 2022 | Nov. 15, 2022 |
| 3rd Installment Due Date: | Oct. 15, 2022 | Dec. 15, 2022 |

IMPORTANT NOTES:

- CREDIT CARD AUTHORIZATION FORMS REQUIRED FOR ALL INSTALLMENT PAYMENTS:** Xceleration WILL NOT charge the card automatically on the installment due dates; you must still make the payment by cash/check or through the online store before the installment due dates. Xceleration will only charge the card when payments are delinquent (after we do not receive payment by the due date) and **the transaction will include a \$250 late payment fee.**

IMPORTANT NOTES:

- RETURNED CHECK FEE:** Returned checks will incur a \$50 fee.
- 2nd CHILD/SIBLING DISCOUNT:** A \$250 discount will be offered as a credit/refund for 2nd athlete.
- If all club dues are not received by the first day of practice on December 4, players will be prohibited from attending practice until all dues are paid (grace period granted for 3rd installment for 12s-14s as exception).
- There will be no refunds of club dues.**
- Payments by check can be mailed to:**
Xceleration Volleyball Club
P.O. Box 30132
Walnut Creek, CA 94598-9991

| | CASH / CHECK | | | | | PAYPAL / CREDIT CARD (WITH TRANSACTION FEES) | | | | |
|---------|---|-------------|-------------|--------------------|--|--|-------------|-------------|--------------------|--|
| | 1st Install (Due at Signing Night) | 2nd Install | 3rd Install | Club Dues Total | PAID IN FULL 5% Disc (Due at Signing Night) | 1st Install (Due at Signing Night) | 2nd Install | 3rd Install | Club Dues Total | PAID IN FULL 5% Disc (Due at Signing Night) |
| 12BLUE | \$1,200 | \$900 | \$900 | \$3,000 | \$2,850 | \$1,242 | \$931 | \$931 | \$3,104 | \$2,949 |
| 13BLUE | \$2,252 | \$1,689 | \$1,689 | \$5,630 | \$5,349 | \$2,331 | \$1,748 | \$1,748 | \$5,827 | \$5,535 |
| 13WHITE | \$2,044 | \$1,533 | \$1,533 | \$5,110 | \$4,855 | \$2,115 | \$1,587 | \$1,587 | \$5,289 | \$5,024 |
| 14BLUE | \$2,296 | \$1,722 | \$1,722 | \$5,740 | \$5,453 | \$2,376 | \$1,782 | \$1,782 | \$5,940 | \$5,643 |
| 14WHITE | \$2,296 | \$1,722 | \$1,722 | \$5,740 | \$5,453 | \$2,376 | \$1,782 | \$1,782 | \$5,940 | \$5,643 |
| 15BLUE | \$2,632 | \$1,974 | \$1,974 | \$6,580 | \$6,251 | \$2,724 | \$2,043 | \$2,043 | \$6,810 | \$6,469 |
| 15WHITE | \$2,296 | \$1,722 | \$1,722 | \$5,740 | \$5,453 | \$2,376 | \$1,782 | \$1,782 | \$5,940 | \$5,643 |
| 16BLUE | \$2,632 | \$1,974 | \$1,974 | \$6,580 | \$6,251 | \$2,724 | \$2,043 | \$2,043 | \$6,810 | \$6,469 |
| 16WHITE | \$2,464 | \$1,848 | \$1,848 | \$6,160 | \$5,852 | \$2,550 | \$1,912 | \$1,912 | \$6,374 | \$6,056 |
| 17BLUE | \$2,632 | \$1,974 | \$1,974 | \$6,580 | \$6,251 | \$2,724 | \$2,043 | \$2,043 | \$6,810 | \$6,469 |
| 17WHITE | \$2,464 | \$1,848 | \$1,848 | \$6,160 | \$5,852 | \$2,550 | \$1,912 | \$1,912 | \$6,374 | \$6,056 |
| 18BLUE | \$2,632 | \$1,974 | \$1,974 | \$6,580 | \$6,251 | \$2,724 | \$2,043 | \$2,043 | \$6,810 | \$6,469 |
| 18WHITE | \$2,464 | \$1,848 | \$1,848 | \$6,160 | \$5,852 | \$2,550 | \$1,912 | \$1,912 | \$6,374 | \$6,056 |



2023 Information Sheet

UPDATED Tournament Schedule

| Tournaments | Dates | 12B | 13B | 14B | 14W | 15B | 15W | 16B | 16W | 17B | 17W | 18B |
|---|--------------|-----|-----|-----|-----|---------|-----|---------|-----|---------|-----|-----|
| NCVA Power League - @The Grounds - Roseville | Dec 10-11 | | | | | | | | | | | x |
| JVA NorCal Winter Classic The Grounds (Open) & Bay Area Sites (Club) | Jan 14-16 | x | x | x | x | x | x | x | x | x | x | |
| NCVA Power League 1 - San Mateo Event Center | Jan 21 | | | | | | | | | | | x |
| WCVBA League 1 - @The Grounds | Jan 21-22 | | | | | x | x | x | x | x | x | |
| USAV 18s Salt Lake City Qualifier - Salt Lake City | Jan 27-29 | | | | | | | | | | | x |
| WCVBA League 1 - Bay Area Sites | Jan 28-29 | x | x | x | x | | | | | | | |
| NCVA Power League 2 - @The Grounds | Feb 5 | | | | | | | | | | | x |
| WCVBA League 2 - Bay Area Sites | Feb 4-5 | | | | | x | x | x | x | x | x | |
| Las Vegas College Showcase | Feb 18-20 | | | | | | | | | | | x |
| Las Vegas Classic | Feb 18-20 | | | | | x | | x | x | x | x | |
| WCVBA Presidents Day Showdown - Bay Area Sites | Feb 18-20 | x | x | x | x | | x | | | | | |
| NCVA Power League 3 - San Mateo Event Center | Feb 25 | | | | | | | | | | | x |
| NCVA 18s Sierra National Qualifier - Reno | Mar 3-5 | | | | | | | | | | | x |
| JVA NorCal Spring Challenge - @The Grounds | Mar 4-5 | | x | | x | | | | | | | |
| SCVA Red Rock Rave 1 - Las Vegas, NV | Mar 4-6 | | | x | | x | x | | | | | |
| SCVA Red Rock Rave 2 / OC Qualifier - Las Vegas, NV | Mar 11-13 | | | | | | | x | x | x | x | x |
| WCVBA League 2 - The Grounds | Mar 11-12 | x | x | x | x | | | | | | | |
| WCVBA League 3 - Bay Area Sites | Mar 18-19 | | | | | x | x | x | x | x | x | |
| Pacific Northwest Qualifiers - Spokane, WA | Mar 25-27 | | | | | | | x | x | x | x | |
| Pacific Northwest Qualifiers - Spokane, WA | Mar 31-Apr 2 | | | x | | x | x | | | | | |
| NCVA Power League Region Championships Capitol Sports Center/McClellan, Sacramento | Apr 1-2 | | | | | | | | | | | x |
| NCVA Far Westerns - Reno | Apr 22-24 | | x | | x | | | | | | | |
| USAV 18s Spring Nationals - Columbus, OH | Apr 28-30 | | | | | | | | | | | x |
| WCVBA League 3 - @The Grounds | Apr 29-30 | x | x | x | x | | | | | | | |
| JVA West Coast Cup - Long Beach | May 27-29 | | | x | x | x | x | x | x | x | x | |
| 50th AAU National Championships - Orlando | June 18-29 | | | | | 6/18-21 | | 6/26-29 | | 6/22-25 | | |
| USAV Jr Nationals (As Qualified) - Chicago | Jun 28-Jul 6 | | | AQ | AQ | AQ | AQ | AQ | AQ | AQ | AQ | |

Tournament dates only, excluding travel days. Always check tournament websites for real-time information. Do not leave tournament premises at the end of each day without knowing your next assignment or play schedule.



2023 Information Sheet

Travel & Lodging

| | JVA NorCal Winter Classic Roseville | WCVBA League 1-6 Roseville | USAV 18s Qualifier Salt Lake City | LV Classic/College Showcase Las Vegas | NCVA 18s Sierra Qualifier Reno | JVA NorCal Spring Challenge Roseville | Red Rock Rave Las Vegas |
|-------------------------------|--|---|--|---|--|--|--|
| Tournament Dates | Jan 14-16 | Jan 7-8 / Jan 21-22 / Jan 28-29 / Feb 4-5 / Mar 11-12 / Mar 18-19 / Apr 29-30 | Jan 27-29 | Feb 18-20 | Mar 3-5 | Mar 4-5 | Mar 4-6 Mar 11-13 |
| Travel ⁽¹⁾ | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players |
| Lodging ⁽²⁾ | Booked by Parents/Players | Booked by Parents/Players | Arranged by Xcel Booked by Parents/Players | Arranged by Xcel Booked by Parents/Players | Arranged by Xcel Booked by Parents/Players ⁽³⁾ | Booked by Parents/Players | Arranged by Xcel Booked by Parents/Players ⁽³⁾ |
| | Pacific NW Qualifiers Spokane | NCVA Far Westerns Reno | USAV 18s Spring Columbus | JVA West Coast Long Beach | AAU Nationals Orlando | USAV Jr Nationals Chicago | |
| Tournament Dates | Mar 25-27 Mar 31 – Apr 2 | TBD: Apr 22-24 or Apr 28-30 | Apr 28-30 | May 27-29 | June 18-29 Schedule | Jun 28-Jul 6 | |
| Travel ⁽¹⁾ | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | Booked by Parents/Players | |
| Lodging ⁽²⁾ | Arranged by Xcel Booked by Parents/Players ⁽³⁾ | Arranged by Xcel Booked by Parents/Players ⁽³⁾ | Arranged by Xcel Booked by Parents/Players ⁽³⁾ | Booked by Parents/Players | Booked by Parents/Players | Arranged by Xcel Booked by Parents/Players ⁽³⁾ | |

⁽¹⁾ Players and parents are responsible for getting themselves to tournament the day prior to start date. Coaches will establish a check-in time for players to arrive.

⁽²⁾ Details to be provided to Team Parents, including booking instructions, once the tournament site opens for reservations.

⁽³⁾ In a “Stay to Play” tournament, clubs must select their stay from a list of pre-approved hotels supplied by the tournament. If teams do not use a pre-approved hotel, they cannot play in the tournament. In a “Support the Sport” tournament, teams go through the tournament website to book their hotel reservations.