

Considerations for Youth Sports	Xceleration Plans to Adhere to CDC Guidelines
Should the need for “contact tracking” arise the waiver policy mentioned above will afford us the opportunity to know who is using the courts and at what time	Each participant must have a waiver on file with verified data. No one will be admitted until this process has been completed.
Physical closeness of players, and the length of time that players are close to each other or to staff	Xcel has implemented social distancing guidelines as well as modified sessions with limited of players on the court. (3 players on each side of the court) 2 coaches per court
Minimize equipment sharing, and clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread	Staff will also be sanitizing equipment in between sessions for added safety. (30-minute cleaning between sessions)
Ability to engage in social distancing while not actively engaged in play (e.g. on the sideline, bench or in the dugout)	Xcel will have markers placed on the sidelines of the courts.
Size of the team. Sports with a large number of players on a team may increase the likelihood of spread	Xcel has minimized the number of players per court and will continue to monitor the numbers set by the CDC and governor. (Only 3 players per side of court)
Limit any nonessential visitors, spectators, volunteers, and activities involving external groups or organizations	The only people permitted inside the facility will be players and staff. Parents are asked to stay outside for drop off and pick up. Players aren’t allowed to enter the facility until their session.
Reinforce handwashing with soap and water for at least 20 seconds	Players will be directed to wash their hands and platform when entering the facility and upon exiting
Face coverings should be worn by coaches, youth sports staff, officials, parents, and spectators as much as possible-	Xcel coaches and staff have the option wear face masks while in close proximity to players
Clean and disinfect frequently touched surfaces on the field, court or play surface at least daily, or between uses as much as possible. Develop a schedule for increased, routine cleaning and disinfection	Staff will be utilizing time in between sessions to sweep courts and sanitize balls, nets, pads, etc. Bathrooms, washing stations, entryways and other frequently used areas will be cleaned as well
Keep each player’s belongings separated from others’ and in individually labeled containers, bags, or areas	Xcel will provide a designated space for each player to put their water bottle & keys. Any other items will not be permitted inside
If playing inside, increase circulation of outdoor air as much as possible, for example by opening windows and doors	The doors and back gate will be open for added ventilation and air circulation

Keep players together in small groups with dedicated coaches or staff, and make sure that each group of players and coach avoid mixing with other groups as much as possible	Players will stay with their designated group and coaches to avoid intermixing with other players. This will also help with monitoring contact tracing
Consider increasing the amount of time between practices and competitions to allow for one group to leave before another group enters the facility	Xcel has built in periods between sessions to allow for drop off and pick up to limit contact between groups. The staff will be using the time to clean and disinfect
Drinking fountains should be disinfected but encourage players to bring their own water to minimize touching water fountains.	All drinking fountains in the facility will be turned off. Players are encouraged to bring their own water bottle
Encourage players to wait in their cars with guardians until just before the beginning of a practice	Per new Xcel protocol, players are to wait in their car until their coach comes out to get their group for screening or check in
Close shared spaces such as locker rooms	The locker rooms and equipment closed to all players
Create distance between players when explaining drills or the rules of the game.	Markers will be placed on the courts ensure social distancing during instruction from coaches
Discourage unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs	Coaches will be instructed to remind players to avoid physical contact of any kind to adhere to social distancing guidelines